

## Mouse/Rat IGF1 Sandwich ELISA Kit Datasheet

Please read it entirely before use

**Catalogue Number:** KE10032

**Size:** 96T

**Sensitivity:** 1.3 pg/mL

**Range:** 15.6-1000 pg/mL

**Usage:** For the quantitative detection of mouse/rat IGF1 concentrations in serum, plasma, cell lysate and tissue lysate.

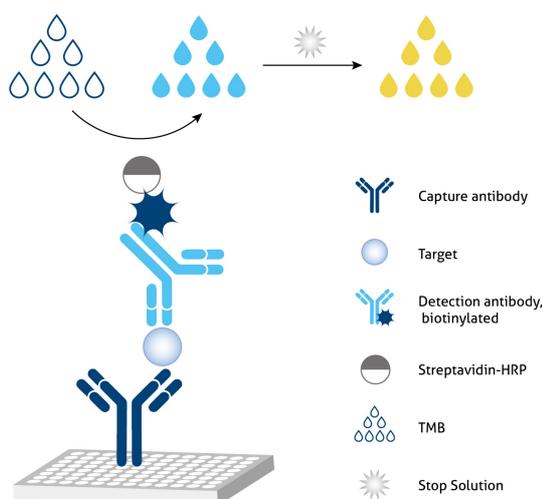
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## 1. Background

Insulin-like-growth factor 1 (IGF1), a 70 amino-acid peptide hormone is the principal mediator of biochemical effects of growth hormone (GH). IGF1 is an important growth factor in the regulation of cell proliferation and differentiation. IGF1 is largely synthesized in the liver (75%) and, to a lesser extent, in peripheral tissues. IGF1 have been shown to play an essential role in preventing the formation of fatty liver. IGF1 is a potent mitogen and is inhibited by IGF-binding protein-3 (IGFBP3). High serum IGF1 and low IGFBP3 are associated with increased risk of several carcinomas. Mice lacking IGF1 exhibit generalized organ hypoplasia including underdevelopment of the central nervous system and developmental defects in bone, muscle and reproductive systems.

## 2. Principle



### Sandwich ELISA structure (Detection antibody labeled with biotin)

A capture antibody is pre-coated onto the bottom of wells which binds to analyte of interest. A detection antibody labeled with biotin also binds to the analyte. Streptavidin-HRP binds to the biotin. TMB acts as the HRP substrate and the solution color will change from colorless to blue. A stop solution containing sulfuric acid turns solution yellow. The color intensity is proportional to the quantity of bound protein which is measurable at 450 nm with the correction wavelength set at 630 nm.

## 3. Required Materials

- 3.1 A microplate reader capable of measuring absorbance at 450 nm with the correction wavelength set at 630 nm.
- 3.2 Calibrated, adjustable precision pipettes and disposable plastic tips. A manifold multi-channel pipette is recommended for large assays.
- 3.3 Plate washer: automated or manual.
- 3.4 Absorbent paper towels.
- 3.5 Glass or plastic tubes to prepare standard and sample dilutions.
- 3.6 Beakers and graduated cylinders.
- 3.7 Log-log or semi-log graph paper or computer and software for ELISA data analysis. A four-parameter logistic (4-PL) curve-fit is recommended.

## 4. Kit Components and Storage

Microplate - antibody coated 96-well microplate (8 well × 12 strips)	1 plate	<b>Unopened Kit:</b> Store at 2-8°C for 6 months or -20°C for 12 months. <b>Opened Kit:</b> All reagents stored at 2-8°C for 7 days. <b>Please use a new standard for each assay.</b>
Protein standard - 1000 pg/bottle; lyophilized	2 bottles	
Detection antibody, biotinylated (100×) - 120 µL/vial*	1 vial	
Streptavidin-horseradish peroxidase (HRP) (100×) - 120 µL/vial*	1 vial	
Sample Diluent PT 1 - 30 mL/bottle	2 bottles	
Detection Diluent - 30 mL/bottle	1 bottle	
Wash Buffer Concentrate (20×) - 30 mL/bottle	1 bottle	
Extraction Reagent - 30 mL/bottle	1 bottle	
Tetramethylbenzidine Substrate (TMB) - 12 mL/bottle	1 bottle	
Stop Solution - 12 mL/bottle	1 bottle	
Plate Cover Seals	4 pieces	

\* Centrifugation immediately before use

## 5. Safety Notes

- 5.1 Avoid any skin and eye contact with Stop Solution and TMB. In case of contact, wash thoroughly with water.
- 5.2 Do not use the kit after the expiration date.
- 5.3 Do not mix or substitute reagents or materials from other kit lots or other sources.
- 5.4 Be sure to wear protective equipment such as gloves, masks and goggles during the experiment.
- 5.5 When using an automated plate washer, adding a 30 second soak period following the addition of Wash Buffer to improve assay precision

## 6. Sample Collection and Storage

6.1 Serum: Allow blood samples to clot for 30 minutes, followed by centrifugation for 15 minutes at 1000xg. Clear serum can be assayed immediately or aliquoted and stored at -20°C. Avoid repeated freeze-thaw cycles.

6.2 Plasma: Use EDTA, heparin, or citrate as an anticoagulant for plasma collection. Centrifuge for 15 minutes at 1000xg within 30 minutes of collection. The plasma can be assayed immediately or aliquoted and stored at -20°C. Avoid repeated freeze-thaw cycles.

6.3 Cell Lysate:

- 1) Collect cells and wash by centrifuging at 500 x g for 5 minutes before resuspension in pre-cooled PBS buffer. Perform this step three times.
- 2) Count cells and then discard the supernatant.
- 3) Add protease inhibitor cocktail to the Extraction Reagent to a final concentration immediately prior to performing cell lysis.
- 4) Add 1 mL of Extraction reagent (containing protease inhibitor cocktail) Per  $1 \times 10^7$  cells, Incubate cell suspension on ice for 30 minutes, use ultrasound to treat the samples.
- 5) Centrifuge cell lysate at 10,000 x g for 5 minutes at 4°C.
- 6) Measure the concentration of total protein in cell lysate using BCA assay. Where possible, keep samples on ice to avoid protein degradation.

6.4 Tissue Lysate:

- 1) Rinse tissue with PBS, cut into 1-2 mm pieces.
- 2) Add protease inhibitor cocktail to the Extraction Reagent to a final concentration immediately prior to performing tissue lysis.
- 3) Add 1 mL of Extraction Reagent containing protease inhibitor cocktail per 100 mg tissue.
- 4) Homogenize the tissue completely using desired method on ice, Incubate on ice for 30 minutes, use ultrasound to break up the cells.
- 5) Centrifuge tissue homogenates at 10,000 x g for 5 minutes at 4°C. Collect the supernatant, assay immediately or aliquot and store at -20°C.
- 6) Measure the concentration of total protein in tissue homogenates using BCA assay.
- 7) Avoid protein degradation by performing all the above procedures on ice where possible.

## 7. Regent Preparation

**7.1 Wash Buffer (1X):** If crystals have formed in the concentrate, warm to room temperature and mix gently until the crystals have completely dissolved. Add 30 mL of Wash Buffer Concentrate(20X) to 570 mL deionized or distilled water to prepare 1X Wash Buffer.

**7.2 Detection Antibody (1X):** Dilute 100X Detection Antibody 1:100 using Detection Diluent prior to assay. Suggested 1:100 dilution: 10  $\mu$ L 100X Detection Antibody + 990  $\mu$ L Detection Diluent (Centrifuge the 100X Detection Antibody solution for a few seconds prior to use).

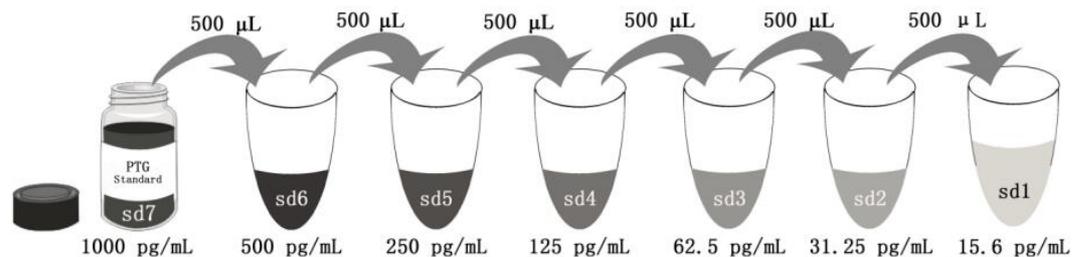
**7.3 Streptavidin-HRP (1X):** Dilute 100X Streptavidin-HRP 1:100 using Detection Diluent prior to assay. Suggested 1:100 dilution: 10  $\mu$ L 100X Streptavidin-HRP + 990  $\mu$ L Detection Diluent (Centrifuge the 100X Streptavidin-HRP solution for a few seconds prior to use).

**7.4 Sample Dilution:** Different samples should be diluted with corresponding Sample Diluent, samples may require further dilution if the readout values are higher than the highest standard OD reading. Variations in sample collection, processing and storage may affect the results of the measurement.

Recommended Dilution for different sample types: 1:1,000 or 1:2,000 is recommended for mouse/rat serum and plasma; 1:4 or 1:8 is recommended for cell lysate and tissue lysate.

### 7.5 Standard Serial Dilution:

Add 1 mL Sample Diluent PT 1 in protein standard.



Add # $\mu$ L of Standard diluted in the previous step	—	500 $\mu$ L					
# $\mu$ L of Sample Diluent PT 1	<b>1000 <math>\mu</math>L</b>	500 $\mu$ L					
	"sd7"	"sd6"	"sd5"	"sd4"	"sd3"	"sd2"	"sd1"

## 8. Assay Procedure Summary

Bring all reagents to room temperature before use (Detection antibody and Streptavidin-HRP can be used immediately). To avoid cross-contamination, change pipette tips between additions of each standard level, between sample additions, and between reagent additions. Also, use separate reservoirs for each reagent.

8.1 Take out the required number of microplate strips and return excess strips to the foil pouch containing the drying reagent pack and reseal; store at 4°C immediately. Microplate strips should be used in one week.

8.2 Preset the layout of the microplate, including control group, standard group and sample group, add 100 µL of each standard and sample to the appropriate wells. (Make sure sample addition is uninterrupted and completed within 5 to 10 minutes, It is recommended to assay all standards, controls, and samples in duplicate).

8.3 Seal plate with cover seal, pressing it firmly onto top of microwells. Incubate the plate for 2 hours at 37°C.

8.4 Wash

1) Gently remove the cover seal. Discard the liquid from wells by aspirating or decanting. Remove any residual solution by tapping the plate a few times on fresh paper towels.

2) Wash 4 times with 1X Wash Buffer, using at least 350-400 µL per well. Following the last wash, firmly tap plates on fresh towels 10 times to remove residual Wash Buffer. Avoid getting any towel fibers in the wells or wells drying out completely.

8.5 Add 100 µL of 1X Detection Antibody solution (refer to Reagent Preparation 7.2) to each well. Seal plate with cover seal and incubate for 1 hour at 37°C.

8.6 Repeat wash step in 8.4.

8.7 Add 100 µL of 1X Streptavidin-HRP solution (refer to Reagent Preparation 7.3) to each well. Seal plate with cover seal and incubate the plate for 40 minutes at 37°C.

8.8 Repeat wash step in 8.4.

8.9 Signal development: Add 100 µL of TMB substrate solution to each well, protected from light. Incubate for 15 to 20 minutes. Substrate Solution should remain colorless until added to the plate.

8.10 Quenching color development: Add 100 µL of Stop Solution to each well in the same order as addition of the TMB substrate. Mix by tapping the side of the plate gently. NB: Avoid skin and eye contact with the Stop solution.

8.11 Read results: Immediately after adding Stop solution read the absorbance on a microplate reader at a wavelength of 450 nm. If possible, perform a double wavelength readout (450 nm and 630 nm).

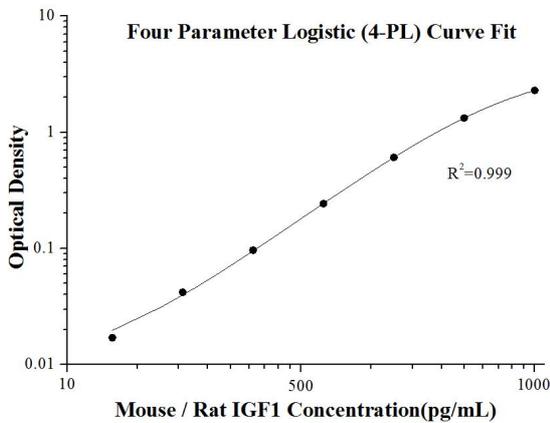
8.12 Data analysis: Calculate the average of the duplicate readings (OD value) for each standard and sample, and subtract the average of the zero standard absorbance. Construct a standard curve by plotting the mean absorbance for each standard on the y-axis against the concentration on the x-axis, use four-parameter logistic curve-fit (4-PL) analysis to do this. If the samples have been diluted, the OD readout from the standard curve must be multiplied by the dilution factor used.

Step	Reagent	Volume	Incubation	Wash	Notes
1	Standard and Samples	100 µL	120 min	4 times	Cover Wells incubate at 37°C
2	Diluent Antibody Solution	100 µL	60 min	4 times	Cover Wells incubate at 37°C
3	Diluent HRP Solution	100 µL	40 min	4 times	Cover Wells incubate at 37°C
4	TMB Substrate	100 µL	15-20 min	Do not wash	Incubate in the dark at 37°C
5	Stop Solution	100 µL	0 min	Do not wash	-
6	Read plate at 450 nm and 630 nm immediately after adding Stop solution. DO NOT exceed 5 minutes.				

## 9. Validation Data

### 9.1 Standard curve

These standard curves are provided for demonstration only. A standard curve should be generated for each set of samples assayed.



(pg/mL)	O.D	Average	Corrected
0	0.042 0.041	0.042	-
15.6	0.059 0.058	0.059	0.017
31.25	0.084 0.083	0.084	0.042
62.5	0.138 0.138	0.138	0.097
125	0.284 0.285	0.285	0.243
250	0.653 0.643	0.648	0.607
500	1.384 1.349	1.367	1.325
1000	2.352 2.314	2.333	2.292

### 9.2 Precision

**Intra-assay Precision** (Precision within an assay) Three samples of known concentration were tested 20 times on one plate to assess intra-assay precision.

**Inter-assay Precision** (Precision between assays) Three samples of known concentration were tested in 24 separate assays to assess inter-assay precision.

Intra-assay Precision				
Sample	n	Mean (pg/mL)	SD	CV%
1	20	550.2	16.0	2.9
2	20	164.8	6.7	4.1
3	20	78.0	5.1	6.5

Inter-assay Precision				
Sample	n	Mean (pg/mL)	SD	CV%
1	24	501.3	38.4	7.7
2	24	138.5	14.1	10.2
3	24	56.0	6.1	10.8

## 9.3 Recovery

The recovery of mouse/rat IGF1 spiked to three different levels throughout the range of the assay in various matrices was evaluated.

Sample Type		Average% of Expected	Range (%)
Mouse serum	1:1,000	104	95-113
	1:2,000	106	98-119
Rat serum	1:1,000	109	90-117
	1:2,000	97	79-114
Tissue lysate	1:16	104	87-121
	1:32	101	99-103

## 9.4 Sample values

**Mouse/Rat Serum** - Six individual rat serum samples and ten individual mouse serum samples were evaluated for the presence of mouse/rat IGF1 in this assay.

Sample Type	Mean of Detectable (ng/mL)	Range (ng/mL)
Mouse serum (n=10)	437.6	217.4-656.4
Rat serum (n=6)	510.9	274.2-821.3

**Tissue lysates** - Dissect the tissue of interest and wash briefly with chilled **1X PBS** to remove any blood if necessary, cut the tissue into smaller pieces whilst keeping it on ice. Transfer the tissue to a homogenizer and add **Extraction Reagent** with protease inhibitor. In general, add 500 µL **Extraction Reagent** for approximately every 10 mg of tissue. Homogenize thoroughly and keep the sample on ice for 30 min. Sonicate the sample and centrifuge at 10,000 x g, then transfer the supernatant to assay.

	IGF1 (pg/mL)	Total protein (mg/mL)
Mouse lung	4,677.6	5.6
Rat heart	3,862.3	10.8

\***1X PBS** For 1,000 mL

10 mM Na<sub>2</sub>HPO<sub>4</sub>, 1.8 mM NaH<sub>2</sub>PO<sub>4</sub>, 140 mM NaCl. Adjust pH to 7.4 and add ddH<sub>2</sub>O to 1,000 mL.

## 9.5 Sensitivity

The minimum detectable dose of mouse/rat IGF1 is 1.3 pg/mL. This was determined by adding two standard deviations to the concentration corresponding to the mean O.D. of 20 zero standard replicates.

## 9.6 Linearity

To assess the linearity of the assay, samples were diluted with the appropriate **Sample Diluent** to produce samples with values within the dynamic range of the assay.

(The mouse/rat serum samples were initially diluted 1:500. The cell lysate samples and tissue lysate samples were initially diluted 1:2. )

		Mouse serum	Rat serum	Tissue lysate
1:2	Average% of Expected	100	100	100
	Range (%)	-	-	-
1:4	Average% of Expected	100	103	106
	Range (%)	98-101	96-110	105-107
1:8	Average% of Expected	101	107	108
	Range (%)	101-102	96-113	103-115
1:16	Average% of Expected	100	110	118
	Range (%)	95-104	103-124	104-128

## 10. References

1. Adamo ML. et al. (1993) Adv Exp Med Biol. 343:1-11.
2. Adachi Y. et al. (2019) J Gastroenterol Hepatol. 2019 Jun 3.
3. Anisimov VN. et al. (2019) Crit Rev Oncol Hematol. 87(3):201-23.
4. Sonntag WE. et al. (2012) J Gerontol A Biol Sci Med Sci. 67(6):587-98.