

## Human Cystatin C Sandwich ELISA Kit Datasheet

Please read it entirely before use

**Catalogue Number:** KE00150

**Size:** 96T

**Sensitivity:** 10.5 pg/mL

**Range:** 15.6 -500 pg/mL

**Usage:** For the quantitative detection of human Cystatin C concentrations in serum, plasma, cell culture supernatant, urine, saliva and human milk.

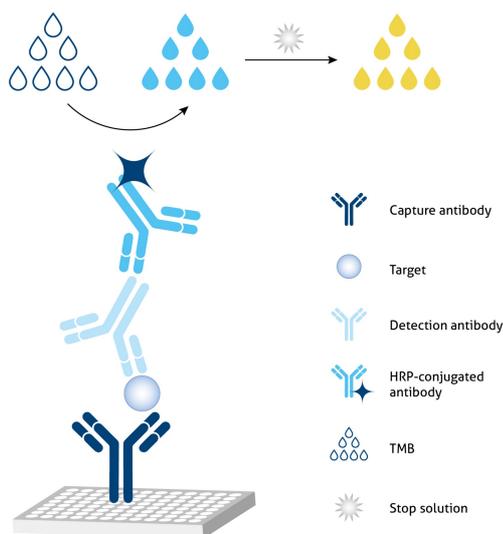
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## 1. Background

Cystatin C is a 13-kDa inhibitor of cysteine proteinases which is secreted by all cell types and is completely cleared from the organism through glomerular filtration, shown to be an early and sensitive biomarker of renal dysfunction. It is also used as an emerging biomarker in cardiovascular disease. Cystatin C is involved in a variety of inflammatory reactions. The concentration of serum cystatin C has also been shown to be unaltered in certain inflammatory conditions or other disorders of metabolism. The plasma level of serum cystatin C can be expressed as its level of generation from cells and diet and its subsequent elimination through the gut, liver, and kidneys.

## 2. Principle



### Sandwich ELISA structure (HRP conjugated secondary antibody)

A capture antibody is pre-coated onto the bottom of wells which binds to analyte of interest. A detection antibody also binds to the analyte. Horseradish peroxidase (HRP)-conjugated secondary antibody binds to the detection antibody. TMB acts as the HRP substrate and the solution color will change from colorless to blue. A stop solution containing sulfuric acid turns solution yellow. The color intensity is proportional to the quantity of bound protein which is measurable at 450 nm with the correction wavelength set at 630 nm.

## 3. Required Materials

- 3.1 A microplate reader capable of measuring absorbance at 450 nm with the correction wavelength set at 630 nm.
- 3.2 Calibrated, adjustable precision pipettes and disposable plastic tips. A manifold multi-channel pipette is recommended for large assays.
- 3.3 Plate washer: automated or manual.
- 3.4 Absorbent paper towels.
- 3.5 Glass or plastic tubes to prepare standard and sample dilutions.
- 3.6 Beakers and graduated cylinders.
- 3.7 Log-log or semi-log graph paper or computer and software for ELISA data analysis. A four-parameter logistic (4-PL) curve-fit is recommended.

## 4. Kit Components and Storage

|   |           |   |
|---|-----------|---|
| <b>Microplate</b> - antibody coated 96-well microplate (8 well × 12 strips)                               | 1 plate   | <b>Unopened Kit:</b><br>Store at 2-8°C for 6 months or -20°C for 12 months.<br><br><b>Opened Kit:</b><br>All reagents stored at 2-8°C for 7 days.<br><br><b>Please use a new standard for each assay.</b> |
| <b>Protein standard</b> - 1000 pg/bottle; lyophilized   | 2 bottles |   |
| <b>Detection antibody (100×)</b> - 120 µL/vial*   | 1 vial    |   |
| <b>HRP-conjugated antibody (100×)</b> - 120 µL/vial*  | 1 vial    |   |
| <b>Sample Diluent PT 6-ef</b> - 30 mL/bottle. For human serum and human plasma samples.                   | 2 bottles |   |
| <b>Sample Diluent PT 3-ef</b> - 30 mL/bottle. For cell culture supernatant, urine, saliva and human milk. | 2 bottles |   |
| <b>Detection Diluent</b> - 30 mL/bottle   | 1 bottle  |   |
| <b>Wash Buffer Concentrate (20×)</b> - 30 mL/bottle   | 1 bottle  |   |
| <b>Tetramethylbenzidine Substrate (TMB)</b> - 12 mL/bottle  | 1 bottle  |   |
| <b>Stop Solution</b> - 12 mL/bottle   | 1 bottle  |   |
| <b>Plate Cover Seals</b>  | 4 pieces  |   |

\* Centrifugation immediately before use

## 5. Safety Notes

- 5.1 Avoid any skin and eye contact with Stop Solution and TMB. In case of contact, wash thoroughly with water.
- 5.2 Do not use the kit after the expiration date.
- 5.3 Do not mix or substitute reagents or materials from other kit lots or other sources.
- 5.4 Be sure to wear protective equipment such as gloves, masks and goggles during the experiment.
- 5.5 When using an automated plate washer, adding a 30 second soak period following the addition of Wash Buffer to improve assay precision

## 6. Sample Collection and Storage

- 6.1 Serum: Allow blood samples to clot for 30 minutes, followed by centrifugation for 15 minutes at 1000×g. Clear serum can be assayed immediately or aliquoted and stored at -20°C. Avoid repeated freeze-thaw cycles.
- 6.2 Plasma: Use EDTA, heparin, or citrate as an anticoagulant for plasma collection. Centrifuge for 15 minutes at 1000×g within 30 minutes of collection. The plasma can be assayed immediately or aliquoted and stored at -20°C. Avoid repeated freeze-thaw cycles.
- 6.3 Cell Culture Supernatant: Remove particulates by centrifugation for 5 minutes at 500×g and assay immediately or aliquot and store samples at ≤ -20°C. Avoid repeated freeze-thaw cycles.
- 6.4 Urine: Collect urine samples and centrifuge for 20 minutes at 1000×g. Collect the aqueous layer, assay immediately or aliquot and store samples at ≤ -20°C. Avoid repeated freeze-thaw cycles.
- 6.5 Saliva: Collect saliva samples and centrifuge for 5 minutes at 10,000×g. Collect the aqueous layer, assay immediately or aliquot and store samples at ≤ -20°C. Avoid repeated freeze-thaw cycles.
- 6.6 Human Milk: Collect milk samples and Centrifuge for 15 minutes at 1000×g at 2-8°C. Collect the aqueous fraction and repeat this process a total of 3 times. Assay immediately.

## 7. Regent Preparation

**7.1 Wash Buffer (1X):** If crystals have formed in the concentrate, warm to room temperature and mix gently until the crystals have completely dissolved. Add 30 mL of Wash Buffer Concentrate(20X) to 570 mL deionized or distilled water to prepare 1X Wash Buffer.

**7.2 Detection Antibody (1X):** Dilute 100X Detection Antibody 1:100 using Detection Diluent prior to assay. Suggested 1:100 dilution: 10 µL 100X Detection Antibody + 990 µL Detection Diluent (Centrifuge the 100 X Detection Antibody solution for a few seconds prior to use).

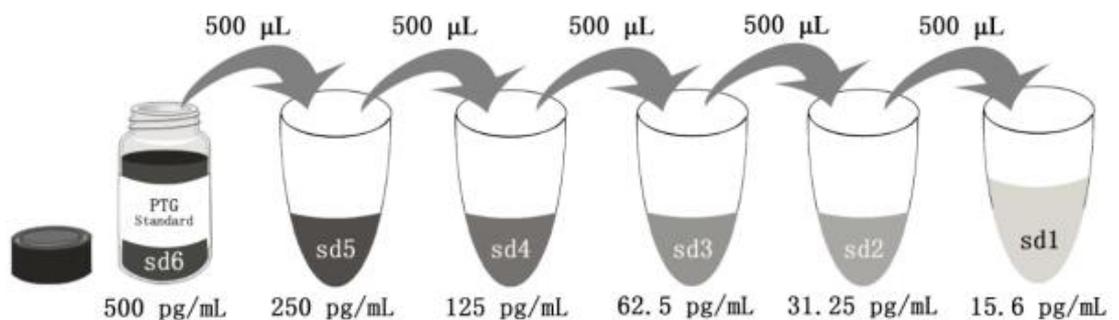
**7.3 HRP-conjugated antibody (1X):** Dilute 100X HRP-conjugated antibody 1:100 using Detection Diluent prior to assay. Suggested 1:100 dilution: 10 µL 100X HRP-conjugated antibody + 990 µL Detection Diluent (Centrifuge the 100X HRP-conjugated antibody solution for a few seconds prior to use).

**7.4 Sample Dilution:** Different samples should be diluted with corresponding Sample Diluent, samples may require further dilution if the readout values are higher than the highest standard OD reading. Variations in sample collection, processing and storage may affect the results of the measurement.

Recommended Dilution for different sample types: 1:250 or 1:500 is recommended for human serum and human plasma ; 1:40 is recommended for urine; 1:1,000 or 1:2,000 is recommended for saliva; 1:2,000 or 1:4,000 is recommended for human milk.

### 7.5 Standard Serial Dilution:

For human serum and plasma samples, add 2 mL Sample Diluent PT 6-ef in protein standard; For cell culture supernatants, urine, saliva and human milk samples, add 2 mL Sample Diluent PT 3-ef in protein standard.



|   |         |        |        |        |        |        |
|---|---------|--------|--------|--------|--------|--------|
| Add # µL of Standard diluted in the previous step | —       | 500 µL |
| # µL of Sample Diluent PT 6-ef or PT 3-ef         | 2000 µL | 500 µL |
|   | "sd6"   | "sd5"  | "sd4"  | "sd3"  | "sd2"  | "sd1"  |

## 8. Assay Procedure Summary

Bring all reagents to room temperature before use (Detection antibody and HRP-conjugated antibody can be used immediately). To avoid cross-contamination, change pipette tips between additions of each standard level, between sample additions, and between reagent additions. Also, use separate reservoirs for each reagent.

8.1 Take out the required number of microplate strips and return excess strips to the foil pouch containing the drying reagent pack and reseal; store at 4°C immediately. Microplate strips should be used in one week.

8.2 Preset the layout of the microplate, including control group, standard group and sample group, add 100 µL of each standard and sample to the appropriate wells. (Make sure sample addition is uninterrupted and completed within 5 to 10 minutes, it is recommended to assay all standards, controls, and samples in duplicate).

8.3 Seal plate with cover seal, pressing it firmly onto top of microwells. Incubate the plate for 1 hour at 37°C.

8.4 Wash

1) Gently remove the cover seal. Discard the liquid from wells by aspirating or decanting. Remove any residual solution by tapping the plate a few times on fresh paper towels.

2) Wash 4 times with 1X Wash Buffer, using at least 350-400 µL per well. Following the last wash, firmly tap plates on fresh towels 10 times to remove residual Wash Buffer. Avoid getting any towel fibers in the wells or wells drying out completely.

8.5 Add 100 µL of 1X Detection Antibody solution (refer to Reagent Preparation 7.2) to each well. Seal plate with cover seal and incubate for 1 hour at 37°C.

8.6 Repeat wash step in 8.4.

8.7 Add 100 µL of 1X HRP-conjugated antibody solution (refer to Reagent Preparation 7.3) to each well. Seal plate with cover seal and incubate the plate for 40 minutes at 37°C.

8.8 Repeat wash step in 8.4.

8.9 Signal development: Add 100 µL of TMB substrate solution to each well, protected from light. Incubate for 15 to 20 minutes. Substrate Solution should remain colorless until added to the plate.

8.10 Quenching color development: Add 100 µL of Stop Solution to each well in the same order as addition of the TMB substrate. Mix by tapping the side of the plate gently. NB: Avoid skin and eye contact with the Stop solution.

8.11 Read results: Immediately after adding Stop solution read the absorbance on a microplate reader at a wavelength of 450 nm. If possible, perform a double wavelength readout (450 nm and 630 nm).

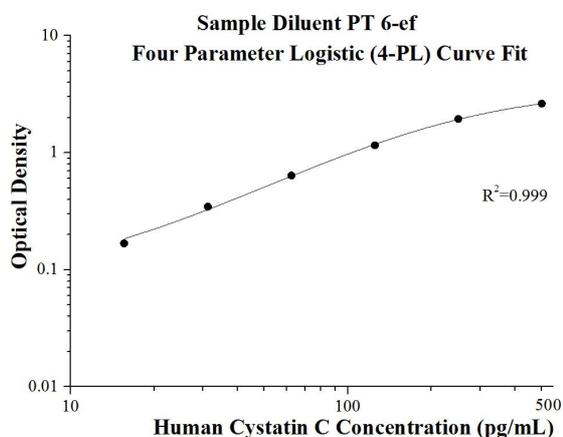
8.12 Data analysis: Calculate the average of the duplicate readings (OD value) for each standard and sample, and subtract the average of the zero standard absorbance. Construct a standard curve by plotting the mean absorbance for each standard on the y-axis against the concentration on the x-axis, use four-parameter logistic curve-fit (4-PL) analysis to do this. If the samples have been diluted, the OD readout from the standard curve must be multiplied by the dilution factor used.

| Step | Reagent  | Volume | Incubation | Wash        | Notes                        |
|------|--|--------|------------|-------------|------------------------------|
| 1    | Standard and Samples   | 100 µL | 60 min     | 4 times     | Cover Wells incubate at 37°C |
| 2    | Diluent Antibody Solution  | 100 µL | 60 min     | 4 times     | Cover Wells incubate at 37°C |
| 3    | Diluent HRP Solution   | 100 µL | 40 min     | 4 times     | Cover Wells incubate at 37°C |
| 4    | TMB Substrate  | 100 µL | 15-20 min  | Do not wash | Incubate in the dark at 37°C |
| 5    | Stop Solution  | 100 µL | 0 min      | Do not wash | -                            |
| 6    | Read plate at 450 nm and 630 nm immediately after adding Stop solution. DO NOT exceed 5 minutes. |        |            |             |                              |

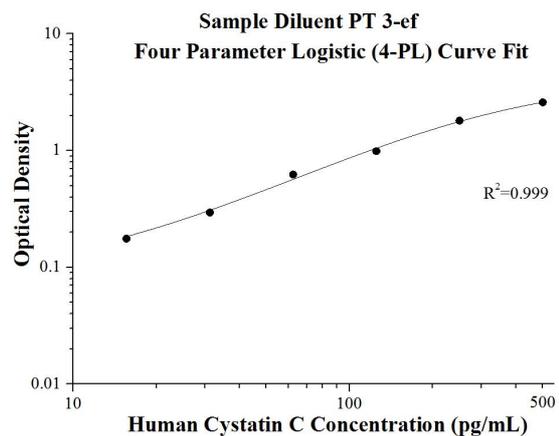
## 9. Validation Data

### 9.1 Standard curve

These standard curves are provided for demonstration only. A standard curve should be generated for each set of samples assayed.



| (pg/mL) | O.D             | Average | Corrected |
|---------|-----------------|---------|-----------|
| 0       | 0.072<br>0.0723 | 0.073   | -         |
| 15.6    | 0.244<br>0.238  | 0.241   | 0.168     |
| 31.25   | 0.426<br>0.411  | 0.419   | 0.346     |
| 62.5    | 0.706<br>0.717  | 0.712   | 0.639     |
| 125     | 1.231<br>1.226  | 1.229   | 1.156     |
| 250     | 2.09<br>1.942   | 2.016   | 1.943     |
| 500     | 2.715<br>2.679  | 2.697   | 2.625     |



| (pg/mL) | O.D            | Average | Corrected |
|---------|----------------|---------|-----------|
| 0       | 0.063<br>0.06  | 0.062   | -         |
| 15.6    | 0.284<br>0.191 | 0.238   | 0.176     |
| 31.25   | 0.352<br>0.361 | 0.357   | 0.295     |
| 62.5    | 0.744<br>0.628 | 0.686   | 0.624     |
| 125     | 1.054<br>1.045 | 1.050   | 0.988     |
| 250     | 1.923<br>1.809 | 1.866   | 1.804     |
| 500     | 2.69<br>2.61   | 2.650   | 2.589     |

## 9.2 Precision

**Intra-assay Precision** (Precision within an assay) Three samples of known concentration were tested 20 times on one plate to assess intra-assay precision.

**Inter-assay Precision** (Precision between assays) Three samples of known concentration were tested in 24 separate assays to assess inter-assay precision.

| Intra-assay Precision |    |              |      |     | Inter-assay Precision |    |              |      |     |
|-----------------------|----|--------------|------|-----|-----------------------|----|--------------|------|-----|
| Sample                | n  | Mean (pg/mL) | SD   | CV% | Sample                | n  | Mean (pg/mL) | SD   | CV% |
| 1                     | 20 | 108.1        | 8.3  | 7.6 | 1                     | 24 | 100.3        | 6.2  | 6.2 |
| 2                     | 20 | 203.8        | 16.4 | 8.0 | 2                     | 24 | 211.9        | 18.7 | 8.8 |
| 3                     | 20 | 348.3        | 23.5 | 6.7 | 3                     | 24 | 370.6        | 26.2 | 7.1 |

## 9.3 Recovery

The recovery of human Cystatin C spiked to three different levels throughout the range of the assay in various matrices was evaluated.

| Sample Type              |         | Average% of Expected | Range (%) |
|--------------------------|---------|----------------------|-----------|
| Human plasma             | 1:500   | 86                   | 76-95     |
|                          | 1:1,000 | 92                   | 87-95     |
| Cell culture supernatant | 1:2     | 84                   | 73-91     |
|                          | 1:4     | 88                   | 79-94     |
| Human milk               | 1:4,000 | 95                   | 87-100    |
|                          | 1:8,000 | 93                   | 88-99     |
| Saliva                   | 1:2,000 | 91                   | 88-94     |
|                          | 1:4,000 | 87                   | 81-98     |
| Urine                    | 1:40    | 100                  | 95-104    |
|                          | 1:80    | 93                   | 81-107    |

## 9.4 Sample values

Samples from healthy volunteers were evaluated for Cystatin C in this assay. No medical histories were available for the donors used in this study.

| Sample Type        | Mean of Detectable (ng/mL) | Range (ng/mL) |
|--------------------|----------------------------|---------------|
| Human serum (n=24) | 351                        | 162-843       |
| Human plasma (n=8) | 353                        | 156-713       |
| Human milk (n=8)   | 1,634                      | 425-3,039     |
| Saliva (n=3)       | 501                        | 191-795       |
| Urine (n=8)        | 1.4                        | 0.04-7.2      |

## 9.5 Sensitivity

The minimum detectable dose of human Cystatin C is 10.5 pg/mL. This was determined by adding two standard deviations to the concentration corresponding to the mean O.D. of 20 zero standard replicates.

## 9.6 Linearity

To assess the linearity of the assay, samples were diluted with the appropriate **Sample Diluent** to produce samples with values within the dynamic range of the assay. (The human serum samples were initially diluted 1:250. The human milk samples and saliva samples were initially diluted 1:500. The urine samples were initially diluted 1:20. )

|      |                      | Human serum<br>(Sample Diluent PT 6-ef) | Cell culture supernatants (Sample Diluent PT 3-ef) | Urine (Sample Diluent PT 3-ef) | Saliva (Sample Diluent PT 3-ef) | Human milk (Sample Diluent PT 3-ef) |
|------|----------------------|---|--|--------------------------------|---------------------------------|-------------------------------------|
| 1:2  | Average% of Expected | 98                                      | 87   | 108                            | 101                             | 76                                  |
|      | Range (%)            | 71-115                                  | 86-88  | 99-116                         | 76-125                          | -                                   |
| 1:4  | Average% of Expected | 100                                     | 104  | 100                            | 100                             | 100                                 |
|      | Range (%)            | 82-110                                  | 98-110   | 99-101                         | 99-101                          | 99-101                              |
| 1:8  | Average% of Expected | 101                                     | 92   | 93                             | 92                              | 88                                  |
|      | Range (%)            | 92-115                                  | 83-100   | 88-98                          | 90-93                           | 80-95                               |
| 1:16 | Average% of Expected | 85                                      | 92   | 77                             | 75                              | 74                                  |
|      | Range (%)            | 79-92                                   | 80-103   | 76-78                          | 74-76                           | 72-77                               |

## 10. References

1. Lankisch P. et al. (2006). *Pediatr Blood Cancer*. 46(7):767-72.
2. Shlipak MG. et al. (2013). *N Engl J Med*. 5;369(10):932-43.
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4. Newman DJ. et al. (1995). *Kidney Int*. 47(1):312-8.
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