

Human IL-10 Sandwich ELISA Kit Datasheet

Please read it entirely before use

Catalogue Number: KE00170

Size: 96T

Sensitivity: 2.3 pg/mL

Range: 15.6-1000 pg/mL

Usage: For the quantitative detection of human IL-10 concentrations in serum, plasma and cell culture supernatant.

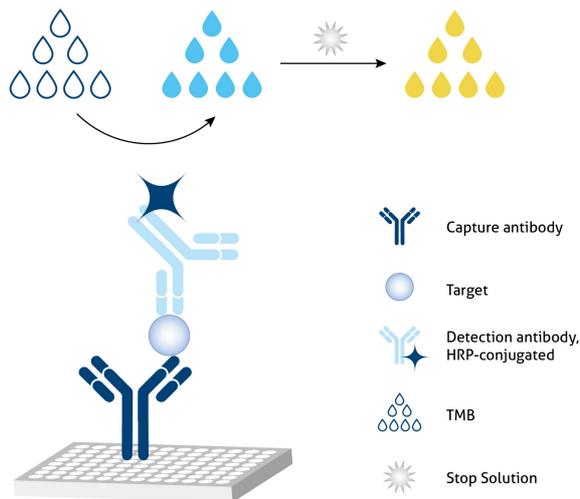
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1. Background

Interleukin (IL)-10 is an anti-inflammatory cytokine, produced by T helper (Th) cells, macrophages, monocytes, and B cells, that plays a crucial role in preventing inflammatory and autoimmune pathologies. It downregulates the expression of Th1 cytokines, MHC class II antigens, and co-stimulatory molecules on macrophages. It also enhances B cell survival, proliferation, and antibody production. IL10 can block NF- κ B activity, and is involved in the regulation of the JAK-STAT signaling pathway. IL10, along with its receptors, describes an important role in pathogenesis of various diseases, including infectious, inflammatory, autoimmune diseases. IL10 mutations are associated with an increased susceptibility to HIV-1 infection and rheumatoid arthritis.

2. Principle



Sandwich ELISA structure (Detection antibody labeled with HRP)

A capture antibody is pre-coated onto the bottom of wells which binds to analyte of interest. A detection antibody labeled with HRP also binds to the analyte. TMB acts as the HRP substrate and the solution color will change from colorless to blue. A stop solution containing sulfuric acid turns solution yellow. The color intensity is proportional to the quantity of bound protein which is measurable at 450 nm with the correction wavelength set at 630 nm.

3. Required Materials

- 3.1 A microplate reader capable of measuring absorbance at 450 nm with the correction wavelength set at 630 nm.
- 3.2 Calibrated, adjustable precision pipettes and disposable plastic tips. A manifold multi-channel pipette is recommended for large assays.
- 3.3 Plate washer: automated or manual.
- 3.4 Absorbent paper towels.
- 3.5 Glass or plastic tubes to prepare standard and sample dilutions.
- 3.6 Beakers and graduated cylinders.
- 3.7 Log-log or semi-log graph paper or computer and software for ELISA data analysis. A four-parameter logistic (4-PL) curve-fit is recommended.

4. Kit Components and Storage

Microplate - antibody coated 96-well microplate (8 well × 12 strips)	1 plate	Unopened Kit: Store at 2-8°C for 6 months or -20°C for 12 months. Opened Kit: All reagents stored at 2-8°C for 7 days. Please use a new standard for each assay.
Protein standard - 2000 pg/bottle; lyophilized	2 bottles	
Detection antibody, HRP-conjugated (100×) - 120 µL/vial*	1 vial	
Sample Diluent PT 1-efB1 - 30 mL/bottle. For human serum and plasma samples	1 bottle	
Sample Diluent PT 6B1 - 30 mL/bottle. For cell culture supernatant	1 bottle	
Detection Diluent - 30 mL/bottle	1 bottle	
Wash Buffer Concentrate (20×) - 30 mL/bottle	1 bottle	
Tetramethylbenzidine Substrate (TMB) - 12 mL/bottle	1 bottle	
Stop Solution - 12 mL/bottle	1 bottle	
Plate Cover Seals	4 pieces	

* Centrifugation immediately before use

5. Safety Notes

- 5.1 Avoid any skin and eye contact with Stop Solution and TMB. In case of contact, wash thoroughly with water.
- 5.2 Do not use the kit after the expiration date.
- 5.3 Do not mix or substitute reagents or materials from other kit lots or other sources.
- 5.4 Be sure to wear protective equipment such as gloves, masks and goggles during the experiment.
- 5.5 When using an automated plate washer, adding a 30 second soak period following the addition of Wash Buffer to improve assay precision

6. Sample Collection and Storage

- 6.1 Serum: Allow blood samples to clot for 30 minutes, followed by centrifugation for 15 minutes at 1000×g. Clear serum can be assayed immediately or aliquoted and stored at -20°C. Avoid repeated freeze-thaw cycles.
- 6.2 Plasma: Use EDTA, heparin, or citrate as an anticoagulant for plasma collection. Centrifuge for 15 minutes at 1000×g within 30 minutes of collection. The plasma can be assayed immediately or aliquoted and stored at -20°C. Avoid repeated freeze-thaw cycles.
- 6.3 Cell Culture Supernatant: Remove particulates by centrifugation for 5 minutes at 500×g and assay immediately or aliquot and store samples at ≤ -20°C. Avoid repeated freeze-thaw cycles.

7. Regent Preparation

7.1 Wash Buffer (1X): If crystals have formed in the concentrate, warm to room temperature and mix gently until the crystals have completely dissolved. Add 30 mL of Wash Buffer Concentrate(20X) to 570 mL deionized or distilled water to prepare 1X Wash Buffer.

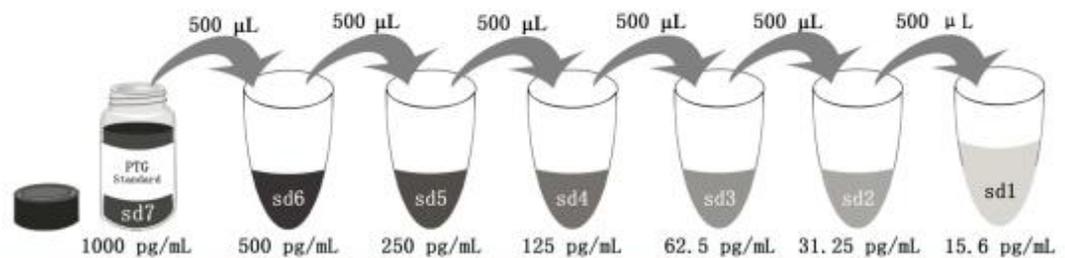
7.2 Detection Antibody, HRP-conjugated (1X): Dilute 100X Detection Antibody, HRP-conjugated 1:100 using Detection Diluent prior to assay. Suggested 1:100 dilution: 10 μ L 100X Detection Antibody, HRP-conjugated + 990 μ L Detection Diluent (Centrifuge the 100 X Detection Antibody solution, HRP-conjugated for a few seconds prior to use)

7.3 Sample Dilution: Different samples should be diluted with corresponding Sample Diluent, samples may require further dilution if the readout values are higher than the highest standard OD reading. Variations in sample collection, processing and storage may affect the results of the measurement.

Recommended Dilution for different sample types: 1:2 or 1:4 is recommended for human serum, plasma and cell culture supetnatant.

7.4 Standard Serial Dilution:

For human serum and plasma samples, add 2 mL Sample Diluent PT 1-efB1 in protein standard; For cell culture supernatant, add 2 mL Sample Diluent PT 6B1 in protein standard.



Add # μ L of Standard diluted in the previous step	—	500 μ L					
# μ L of Sample Diluent PT 1-efB1 or PT 6B1	2000 μ L	500 μ L					
	"sd7"	"sd6"	"sd5"	"sd4"	"sd3"	"sd2"	"sd1"

8. Assay Procedure Summary

Bring all reagents to room temperature before use (Detection antibody, HRP-conjugated can be used immediately). To avoid cross-contamination, change pipette tips between additions of each standard level, between sample additions, and between reagent additions. Also, use separate reservoirs for each reagent.

8.1 Take out the required number of microplate strips and return excess strips to the foil pouch containing the drying reagent pack and reseal; store at 4°C immediately. Microplate strips should be used in one week.

8.2 Preset the layout of the microplate, including control group, standard group and sample group, add 100 µL of each standard and sample to the appropriate wells. (Make sure sample addition is uninterrupted and completed within 5 to 10 minutes, it is recommended to assay all standards, controls, and samples in duplicate).

8.3 Seal plate with cover seal, pressing it firmly onto top of microwells. Incubate the plate for 2 hours at 37°C.

8.4 Wash

1) Gently remove the cover seal. Discard the liquid from wells by aspirating or decanting. Remove any residual solution by tapping the plate a few times on fresh paper towels.

2) Wash 4 times with 1X Wash Buffer, using at least 350-400 µL per well. Following the last wash, firmly tap plates on fresh towels 10 times to remove residual Wash Buffer. Avoid getting any towel fibers in the wells or wells drying out completely.

8.5 Add 100 µL of 1X Detection antibody, HRP-conjugated solution (refer to Reagent Preparation 7.2) to each well. Seal plate with cover seal and incubate for 1 hour at 37°C.

8.6 Repeat wash step in 8.4.

8.7 Signal development: Add 100 µL of TMB substrate solution to each well, protected from light. Incubate for 15 to 20 minutes. Substrate Solution should remain colorless until added to the plate.

8.8 Quenching color development: Add 100 µL of Stop Solution to each well in the same order as addition of the TMB substrate. Mix by tapping the side of the plate gently. NB: Avoid skin and eye contact with the Stop solution.

8.9 Read results: Immediately after adding Stop solution read the absorbance on a microplate reader at a wavelength of 450 nm. If possible, perform a double wavelength readout (450 nm and 630 nm).

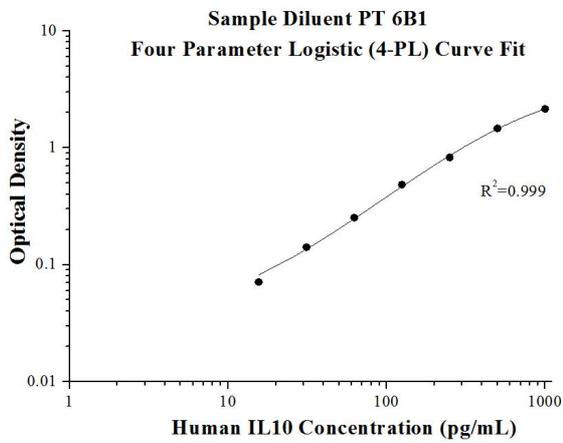
8.10 Data analysis: Calculate the average of the duplicate readings (OD value) for each standard and sample, and subtract the average of the zero standard absorbance. Construct a standard curve by plotting the mean absorbance for each standard on the y-axis against the concentration on the x-axis, use four-parameter logistic curve-fit (4-PL) analysis to do this. If the samples have been diluted, the OD readout from the standard curve must be multiplied by the dilution factor used.

Step	Reagent	Volume	Incubation	Wash	Notes
1	Standard and Samples	100 µL	120 min	4 times	Cover Wells incubate at 37°C
2	Diluent Detection antibody, HRP-conjugated Solution	100 µL	60 min	4 times	Cover Wells incubate at 37°C
3	TMB Substrate	100 µL	15-20 min	Do not wash	Incubate in the dark at 37°C
4	Stop Solution	100 µL	0 min	Do not wash	-
5	Read plate at 450 nm and 630 nm immediately after adding Stop solution. DO NOT exceed 5 minutes.				

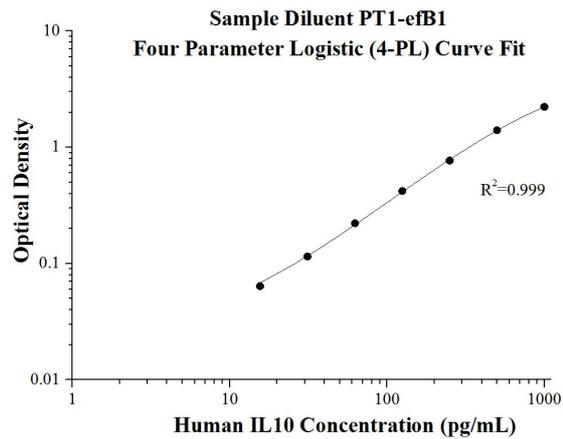
9. Validation Data

9.1 Standard curve

These standard curves are provided for demonstration only. A standard curve should be generated for each set of samples assayed.



(pg/mL)	O.D	Average	Corrected
0	0.058 0.051	0.055	-
15.6	0.129 0.121	0.125	0.071
31.25	0.202 0.189	0.196	0.141
62.5	0.32 0.294	0.307	0.252
125	0.578 0.497	0.538	0.483
250	0.856 0.903	0.880	0.825
500	1.592 1.445	1.519	1.464
1000	2.234 2.163	2.199	2.144



(pg/mL)	O.D	Average	Corrected
0	0.079 0.071	0.075	-
15.6	0.143 0.134	0.139	0.064
31.25	0.194 0.186	0.190	0.115
62.5	0.301 0.293	0.297	0.222
125	0.494 0.498	0.496	0.421
250	0.859 0.829	0.844	0.769
500	1.476 1.479	1.478	1.403
1000	2.31 2.336	2.302	2.227

9.2 Precision

Intra-assay Precision (Precision within an assay) Three samples of known concentration were tested 20 times on one plate to assess intra-assay precision.

Inter-assay Precision (Precision between assays) Three samples of known concentration were tested in 24 separate assays to assess inter-assay precision.

Intra-assay Precision					Inter-assay Precision				
Sample	n	Mean (pg/mL)	SD	CV%	Sample	n	Mean (pg/mL)	SD	CV%
1	20	67.8	4.5	6.7	1	24	193.9	17.6	9.1
2	20	175.0	10.0	5.7	2	24	432.4	38.9	9.0
3	20	926.2	42.2	4.6	3	24	1,108.4	111.3	10.0

9.3 Recovery

The recovery of human IL10 spiked to three different levels throughout the range of the assay in various matrices was evaluated.

Sample Type		Average% of Expected	Range (%)
Human plasma	1:2	88	79-96
	1:4	96	91-100
Cell culture supernatant	1:2	94	88-102
	1:4	109	92-128

9.4 Sample values

Sixteen serum and plasma samples from volunteers were evaluated for human IL10 in this assay. All samples measured less than the lowest standard, 15.6 pg/mL.

Cell culture supernatant - Human peripheral blood mononuclear cells (PBMC) (1×10^6 cells/mL) were cultured in RPMI-1640 supplemented with 10% fetal bovine serum, 100 U/mL penicillin and 100 µg/mL streptomycin sulfate. The cell culture supernatants were stimulated with 10 µg/mL of PHA. An aliquot of the culture supernatant was removed, assayed for human IL10.

Stimulated conditions	Day 1 (pg/mL)	Day 5 (pg/mL)
PHA 10 µg/mL	1,534.2	634.8
Unstimulated	431.4	225.9

9.5 Sensitivity

The minimum detectable dose of human IL10 is 2.3 pg/mL. This was determined by adding two standard deviations to the concentration corresponding to the mean O.D. of 20 zero standard replicates.

9.6 Linearity

To assess the linearity of the assay, human serum and plasma samples were spiked with high concentrations of human IL10 and diluted with the appropriate **Sample Diluent** to produce samples with values within the dynamic range of the assay. Cell culture supernatant was diluted with the appropriate **Sample Diluent** to produce samples with values within the dynamic range of the assay.

		Human serum (Sample Diluent PT 1-efB1)	Human plasma (Sample Diluent PT 1-efB1)	Cell culture supernatant (Sample Diluent PT 6B1)
1:2	Average% of Expected	111	101	100
	Range (%)	103-118	100-102	—
1:4	Average% of Expected	114	109	91
	Range (%)	103-125	104-115	90-92
1:8	Average% of Expected	111	113	93
	Range (%)	105-117	108-118	92-94
1:16	Average% of Expected	107	110	103
	Range (%)	102-112	105-115	101-105

9.7 Calibration

This immunoassay is calibrated against highly purified *E. coli*-expressed 160 amino acid form of recombinant human IL10 produced at Proteintech Systems. The NIBSC/WHO International Standard for IL10 (93/722), which was intended as a potency standard, was evaluated in this kit. The dose response curve of the International Standard (93/722) parallels the Proteintech standard curve. To convert sample values obtained with the Human IL10 ELISA kit to approximate NIBSC 93/722 units, use the equation below.

NIBSC (93/722) approximate value (IU/mL)=0.0104 x Proteintech Humanzyme IL10 value (pg/mL)

10. References

1. Mosmann TR. et al. (1994). *Adv Immunol.* 56: 1-26.
2. Kühn R. et al. (1993). *Cell.* 75: 263-74.
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