

## Human Growth Hormone Sandwich ELISA Kit Datasheet

Please read it entirely before use

**Catalogue Number:** KE00221

**Size:** 96T

**Sensitivity:** 0.5 pg/mL

**Range:** 3.9-250 pg/mL

**Usage:** For the quantitative detection of human Growth Hormone in serum, plasma and cell culture supernatant.

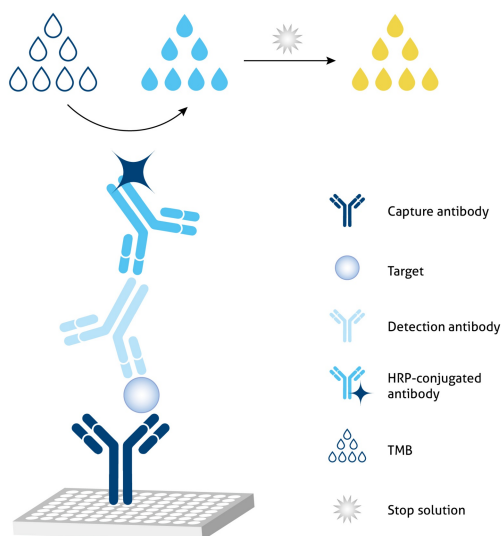
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## 1. Background

Growth hormone (GH) is a heterogeneous polypeptide consisting of a number of different isoforms and variants. Its secretion from pituitary somatotrophs is pulatile, with low or undetectable basal levels between peaks. GH secretion has a characteristic diurnal pattern with maximal levels recorded during sleep. Growth hormone is a powerful anabolic hormone that stimulates growth, cell reproduction, and cell regeneration in humans and other animals. The actions of GH are mediated by GH receptors (GHR), which are widely distributed among tissues. Mutations in or deletions of the gene lead to growth hormone deficiency and short stature.

## 2. Principle



### Sandwich ELISA structure (HRP conjugated secondary antibody)

A capture antibody is pre-coated onto the bottom of wells which binds to analyte of interest. A detection antibody also binds to the analyte. Horseradish peroxidase (HRP)-conjugated secondary antibody binds to the detection antibody. TMB acts as the HRP substrate and the solution color will change from colorless to blue. A stop solution containing sulfuric acid turns solution yellow. The color intensity is proportional to the quantity of bound protein which is measurable at 450 nm with the correction wavelength set at 630 nm.

## 3. Required Materials

- 3.1 A microplate reader capable of measuring absorbance at 450 nm with the correction wavelength set at 630 nm.
- 3.2 Calibrated, adjustable precision pipettes and disposable plastic tips. A manifold multi-channel pipette is recommended for large assays.
- 3.3 Plate washer: automated or manual.
- 3.4 Absorbent paper towels.
- 3.5 Glass or plastic tubes to prepare standard and sample dilutions.
- 3.6 Beakers and graduated cylinders.
- 3.7 Log-log or semi-log graph paper or computer and software for ELISA data analysis. A four-parameter logistic (4-PL) curve-fit is recommended.

## 4. Kit Components and Storage

Microplate - antibody coated 96-well microplate (8 well × 12 strips)	1 plate	<b>Unopened Kit:</b> Store at 2-8°C for 6 months or -20°C for 12 months. <b>Opened Kit:</b> All reagents stored at 2-8°C for 7 days. <b>Please use a new standard for each assay.</b>
Protein standard - 500 pg/bottle; lyophilized	2 bottles	
Detection antibody (100×) - 120 µL/vial*	1 vial	
HRP-conjugated antibody (100×) - 120 µL/vial*	1 vial	
Sample Diluent PT 3 - 30 mL/bottle. For human serum and plasma	1 bottle	
Sample Diluent PT 1-ef - 30 mL/bottle. For cell culture supernatant	1 bottle	
Detection Diluent - 30 mL/bottle	1 bottle	
Wash Buffer Concentrate (20×) - 30 mL/bottle	1 bottle	
Tetramethylbenzidine Substrate (TMB) - 12 mL/bottle	1 bottle	
Stop Solution - 12 mL/bottle	1 bottle	
Plate Cover Seals	4 pieces	

\* Centrifugation immediately before use

## 5. Safety Notes

- 5.1 Avoid any skin and eye contact with Stop Solution and TMB. In case of contact, wash thoroughly with water.
- 5.2 Do not use the kit after the expiration date.
- 5.3 Do not mix or substitute reagents or materials from other kit lots or other sources.
- 5.4 Be sure to wear protective equipment such as gloves, masks and goggles during the experiment.
- 5.5 When using an automated plate washer, adding a 30 second soak period following the addition of Wash Buffer to improve assay precision

## 6. Sample Collection and Storage

- 6.1 Serum: Allow blood samples to clot for 30 minutes, followed by centrifugation for 15 minutes at 1000xg. Clear serum can be assayed immediately or aliquoted and stored at -20°C. Avoid repeated freeze-thaw cycles.
- 6.2 Plasma: Use EDTA, heparin, or citrate as an anticoagulant for plasma collection. Centrifuge for 15 minutes at 1000xg within 30 minutes of collection. The plasma can be assayed immediately or aliquoted and stored at -20°C. Avoid repeated freeze-thaw cycles.
- 6.3 Cell Culture Supernatant: Remove particulates by centrifugation for 5 minutes at 500xg and assay immediately or aliquot and store samples at ≤ -20°C. Avoid repeated freeze-thaw cycles.

## 7. Regent Preparation

**7.1 Wash Buffer (1X):** If crystals have formed in the concentrate, warm to room temperature and mix gently until the crystals have completely dissolved. Add 30 mL of Wash Buffer Concentrate(20X) to 570 mL deionized or distilled water to prepare 1X Wash Buffer.

**7.2 Detection Antibody (1X):** Dilute 100X Detection Antibody 1:100 using Detection Diluent prior to assay. Suggested 1:100 dilution: 10  $\mu$ L 100X Detection Antibody + 990  $\mu$ L Detection Diluent (Centrifuge the 100 X Detection Antibody solution for a few seconds prior to use).

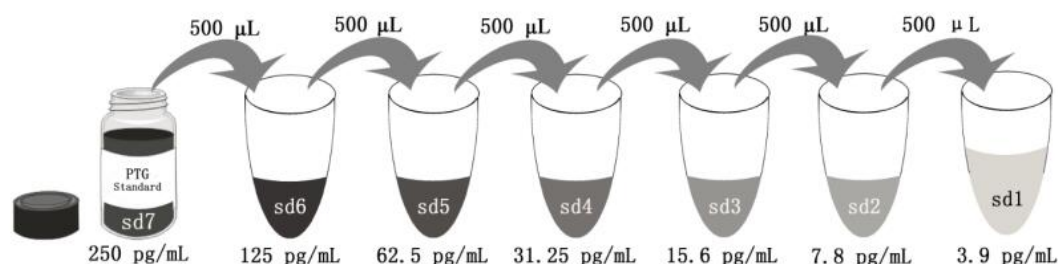
**7.3 HRP-conjugated antibody (1X):** Dilute 100X HRP-conjugated antibody 1:100 using Detection Diluent prior to assay. Suggested 1:100 dilution: 10  $\mu$ L 100X HRP-conjugated antibody + 990  $\mu$ L Detection Diluent (Centrifuge the 100X HRP-conjugated antibody solution for a few seconds prior to use).

**7.4 Sample Dilution:** Different samples should be diluted with corresponding Sample Diluent, samples may require further dilution if the readout values are higher than the highest standard OD reading. Variations in sample collection, processing and storage may affect the results of the measurement.

Recommended Dilution for different sample types: 1:2 to 1:16 is recommended for human serum and plasma.

### 7.5 Standard Serial Dilution:

For human serum and plasma samples, add 2 mL Sample Diluent PT 3 in protein standard; For cell culture supernatant, add 2 mL Sample Diluent PT 1-ef in protein standard.



Add # $\mu$ L of Standard diluted in the previous step	—	500 $\mu$ L	500 $\mu$ L	500 $\mu$ L	500 $\mu$ L	500 $\mu$ L	500 $\mu$ L
# $\mu$ L of Sample Diluent PT 3 or PT1-ef	2000 $\mu$ L	500 $\mu$ L	500 $\mu$ L	500 $\mu$ L	500 $\mu$ L	500 $\mu$ L	500 $\mu$ L
	"sd7"	"sd6"	"sd5"	"sd4"	"sd3"	"sd2"	"sd1"

## 8. Assay Procedure Summary

Bring all reagents to room temperature before use (Detection antibody and HRP-conjugated antibody can be used immediately). To avoid cross-contamination, change pipette tips between additions of each standard level, between sample additions, and between reagent additions. Also, use separate reservoirs for each reagent.

8.1 Take out the required number of microplate strips and return excess strips to the foil pouch containing the drying reagent pack and reseal; store at 4°C immediately. Microplate strips should be used in one week.

8.2 Preset the layout of the microplate, including control group, standard group and sample group, add 100 µL of each standard and sample to the appropriate wells. (Make sure sample addition is uninterrupted and completed within 5 to 10 minutes, It is recommended to assay all standards, controls, and samples in duplicate).

8.3 Seal plate with cover seal, pressing it firmly onto top of microwells. Incubate the plate for 2 hours at 37°C.

8.4 Wash

1) Gently remove the cover seal. Discard the liquid from wells by aspirating or decanting. Remove any residual solution by tapping the plate a few times on fresh paper towels.

2) Wash 4 times with 1X Wash Buffer, using at least 350-400 µL per well. Following the last wash, firmly tap plates on fresh towels 10 times to remove residual Wash Buffer. Avoid getting any towel fibers in the wells or wells drying out completely.

8.5 Add 100 µL of 1X Detection Antibody solution (refer to Reagent Preparation 7.2) to each well. Seal plate with cover seal and incubate for 1 hour at 37°C.

8.6 Repeat wash step in 8.4.

8.7 Add 100 µL of 1X HRP-conjugated antibody solution (refer to Reagent Preparation 7.3) to each well. Seal plate with cover seal and incubate the plate for 40 minutes at 37°C.

8.8 Repeat wash step in 8.4.

8.9 Signal development: Add 100 µL of TMB substrate solution to each well, protected from light. Incubate for 15 to 20 minutes. Substrate Solution should remain colorless until added to the plate.

8.10 Quenching color development: Add 100 µL of Stop Solution to each well in the same order as addition of the TMB substrate. Mix by tapping the side of the plate gently. NB: Avoid skin and eye contact with the Stop solution.

8.11 Read results: Immediately after adding Stop solution read the absorbance on a microplate reader at a wavelength of 450 nm. If possible, perform a double wavelength readout (450 nm and 630 nm).

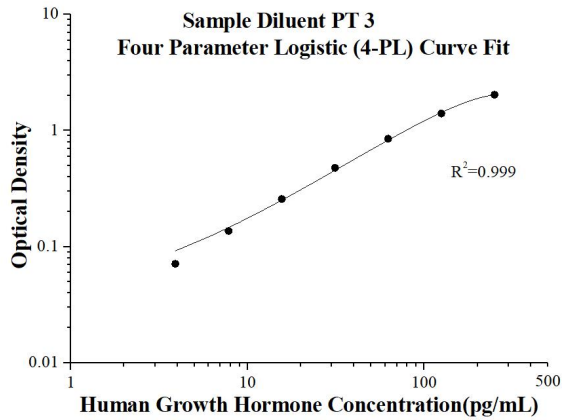
8.12 Data analysis: Calculate the average of the duplicate readings (OD value) for each standard and sample, and subtract the average of the zero standard absorbance. Construct a standard curve by plotting the mean absorbance for each standard on the y-axis against the concentration on the x-axis, use four-parameter logistic curve-fit (4-PL) analysis to do this. If the samples have been diluted, the OD readout from the standard curve must be multiplied by the dilution factor used.

Step	Reagent	Volume	Incubation	Wash	Notes
1	Standard and Samples	100 µL	120 min	4 times	Cover Wells incubate at 37°C
2	Diluent Antibody Solution	100 µL	60 min	4 times	Cover Wells incubate at 37°C
3	Diluent HRP Solution	100 µL	40 min	4 times	Cover Wells incubate at 37°C
4	TMB Substrate	100 µL	15-20 min	Do not wash	Incubate in the dark at 37°C
5	Stop Solution	100 µL	0 min	Do not wash	-
6	Read plate at 450 nm and 630 nm immediately after adding Stop solution. DO NOT exceed 5 minutes.				

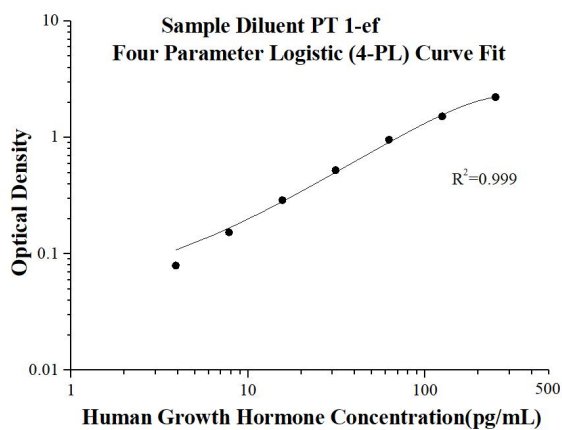
## 9. Validation Data

### 9.1 Standard curve

These standard curves are provided for demonstration only. A standard curve should be generated for each set of samples assayed.



(pg/mL)	O.D	Average	Corrected
0	0.069 0.071	0.070	-
3.9	0.139 0.143	0.141	0.071
7.8	0.207 0.206	0.207	0.137
15.6	0.323 0.331	0.327	0.257
31.2	0.542 0.551	0.547	0.477
62.5	0.895 0.946	0.921	0.851
125	1.458 1.491	1.475	1.405
250	2.087 2.121	2.104	2.034



(pg/mL)	O.D	Average	Corrected
0	0.065 0.074	0.070	-
3.9	0.141 0.157	0.149	0.080
7.8	0.211 0.235	0.223	0.154
15.6	0.346 0.373	0.360	0.290
31.2	0.570 0.618	0.594	0.525
62.5	1.000 1.058	1.029	0.960
125	1.509 1.673	1.591	1.522
250	2.259 2.337	2.298	2.229

## 9.2 Precision

**Intra-assay Precision** (Precision within an assay) Three samples of known concentration were tested 20 times on one plate to assess intra-assay precision.

**Inter-assay Precision** (Precision between assays) Three samples of known concentration were tested in 24 separate assays to assess inter-assay precision.

Intra-assay Precision					Inter-assay Precision				
Sample	n	Mean (pg/mL)	SD	CV%	Sample	n	Mean (pg/mL)	SD	CV%
1	20	109.2	2.1	1.9	1	24	103.4	7.6	7.3
2	20	24.2	0.7	2.7	2	24	23.2	1.8	7.9
3	20	5.3	0.3	6.4	3	24	13.5	0.6	4.8

## 9.3 Recovery

The recovery of human Growth Hormone spiked to three different levels throughout the range of the assay in various matrices was evaluated.

Sample Type		Average% of Expected	Range (%)
Human serum	1:2	78	73-87
	1:4	87	83-91
Cell culture supernatant	1:2	80	73-86
	1:4	79	73-91

## 9.4 Sample values

Samples from volunteers were evaluated for human Growth Hormone in this assay. No medical histories were available for the donors used in this study.

Sample Type	Mean (pg/mL)	Range (pg/mL)
Females serum (n=16)	1,469.9	24.8-3,024.8
Males serum (n=16)	592.5	29.7-3,330.2

### Cell culture supernatant

Human peripheral blood mononuclear cells ( $1 \times 10^6$  cells/mL) were cultured in RPMI-1640 supplemented with 10% fetal bovine serum, 100 U/mL penicillin and 100 ug/mL streptomycin sulfate. Cells were cultured unstimulated or stimulated with 10 ug/mL PHA. Aliquots of the cell culture supernatant were removed 3d and assayed for levels of Growth Hormone. No detectable levels were observed.



## 9.5 Sensitivity

The minimum detectable dose of human Growth Hormone is 0.5 pg/mL. This was determined by adding two standard deviations to the concentration corresponding to the mean O.D. of 20 zero standard replicates.

## 9.6 Linearity

To assess the linearity of the assay, serum and plasma samples diluted with the appropriate **Sample Diluent** to produce samples with values within the dynamic range of the assay. Cell culture supernatants were spiked with high concentrations of Growth Hormone and diluted with the appropriate **Sample Diluent** to produce samples with values within the dynamic range of the assay.

		Human serum (Sample Diluent PT 3)	Cell culture supernatant (Sample Diluent PT 1-ef)
1:2	Average% of Expected	100	93
	Range (%)	-	86-101
1:4	Average% of Expected	108	97
	Range (%)	98-113	92-104
1:8	Average% of Expected	117	99
	Range (%)	113-119	97-100
1:16	Average% of Expected	119	103
	Range (%)	118-120	103-104

## 9.7 Calibration

The NIBSC/WHO human Growth Hormone Reference Reagent 80/505 , which was intended as a potency standard, was evaluated in this kit. The dose response curve of the International Standard (80/505) parallels the Proteintech standard curve. To convert sample values obtained with the Authentikine Human Growth Hormone ELISA Kit to approximate NIBSC/WHO 80/505 units, use the equation below.

NIBSC/WHO (80/505) approximate value (IU/mL) =  $6.54 \times 10^8$  Authentikine Human Growth Hormone value (pg/mL).

## 9.8 Specificity

This assay recognizes natural and recombinant human Growth Hormone.

The following factors prepared at 50 ng/mL were assayed and exhibited no cross-reactivity or interference.

Recombinant human:

Prolactin

Placental Lactogen

## 10. References

1. Strobl JS. et al.(1994) Pharmacol Rev. 46(1):1-34.
2. Baumann GP. et al. (2009) Growth Horm IGF Res. 19(4):333-40.
3. Catchpole HR. et al. (1980) JAMA. 243(7):652.
4. Murray RD. et al. (2000) Expert Opin Pharmacother.1(5):975-90