

Speedy™ Human Growth Hormone One-Step ELISA Kit Datasheet

Please read it entirely before use

Catalogue Number: SE50216

Size: 96T

Sensitivity: 0.5 pg/mL

Range: 15.6-1000 pg/mL

Usage: For the quantitative detection of human Growth Hormone concentrations in serum, plasma and cell culture supernatant.

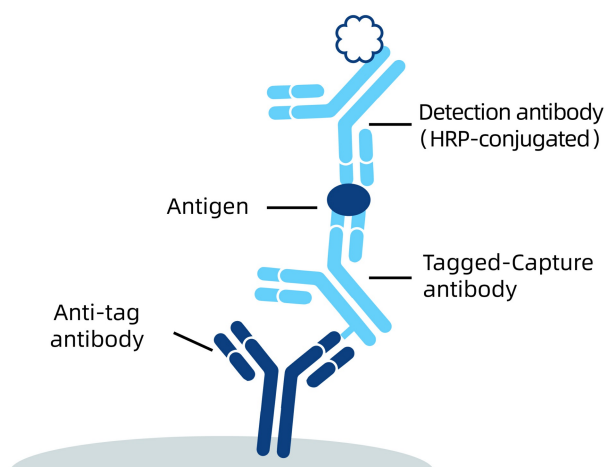
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1. Background

Growth hormone (GH) is a heterogeneous polypeptide consisting of a number of different isoforms and variants. Its secretion from pituitary somatotrophs is pulsatile, with low or undetectable basal levels between peaks. GH secretion has a characteristic diurnal pattern with maximal levels recorded during sleep. Growth hormone is a powerful anabolic hormone that stimulates growth, cell reproduction, and cell regeneration in humans and other animals. The actions of GH are mediated by GH receptors (GHR), which are widely distributed among tissues. Mutations in or deletions of the gene lead to growth hormone deficiency and short stature.

2. Principle



An anti-tag antibody is pre-coated onto the bottom of wells. After adding antigen or samples, Tagged-Capture antibody and HRP-conjugated detection antibody, a sandwich complex is formed in the solution. TMB acts as a HRP substrate, and the solution color will change from colorless to blue. A stop solution containing sulfuric acid turns the solution yellow. The color intensity is proportional to the quantity of bound protein, which is measurable at 450 nm with the correction wavelength set at 630 nm.

3. Required Materials

- 3.1 A microplate reader capable of measuring absorbance at 450 nm with the correction wavelength set at 630 nm.
- 3.2 Calibrated, adjustable precision pipettes and disposable plastic tips. A manifold multi-channel pipette is recommended for large assays.
- 3.3 Plate washer: automated or manual.
- 3.4 Absorbent paper towels.
- 3.5 Glass or plastic tubes to prepare standard and sample dilutions.
- 3.6 Beakers and graduated cylinders.
- 3.7 Log-log or semi-log graph paper or computer and software for ELISA data analysis. A four-parameter logistic (4-PL) curve-fit is recommended. Proteintech data analysis website, <https://www.ptgcn.com/products/elisa-kits/>.
- 3.8 Microplate thermostatic shaker.

4. Kit Components and Storage

Microplate - 96 well microplate precoated an anti-tag antibody (8 well × 12 strips)	1 plate	Unopened Kit: Store at 2-8°C for 6 months or -20°C for 12 months. Opened Kit: All reagents stored at 2-8°C for 7 days. Please use a new standard for each assay.
Protein standard - 2000 pg/bottle; lyophilized	2 bottles	
Capture antibody (100×) - 60 µL/vial*	1 vial	
Detection antibody, HRP-conjugated (100×) - 60 µL/vial*	1 vial	
Sample Diluent PT 3 - 30 mL/bottle	1 bottle	
Detection Diluent - 15 mL/bottle	1 bottle	
Wash Buffer Concentrate (20×) - 30 mL/bottle	1 bottle	
Tetramethylbenzidine Substrate (TMB) - 12 mL/bottle	1 bottle	
Stop Solution - 12 mL/bottle	1 bottle	
Plate Cover Seals	4 pieces	

* Centrifugation immediately before use

5. Safety Notes

- 5.1 Avoid any skin and eye contact with Stop Solution and TMB. In case of contact, wash thoroughly with water.
- 5.2 Do not use the kit after the expiration date.
- 5.3 Do not mix or substitute reagents or materials from other kit lots or other sources.
- 5.4 Be sure to wear protective equipment such as gloves, masks and goggles during the experiment.
- 5.5 When using an automated plate washer, adding a 30 second soak period following the addition of Wash Buffer to improve assay precision

6. Sample Collection and Storage

- 6.1 Serum: Allow blood samples to clot for 30 minutes, followed by centrifugation for 15 minutes at 1000×g. Clear serum can be assayed immediately or aliquoted and stored at -20°C. Avoid repeated freeze-thaw cycles.
- 6.2 Plasma: Use EDTA, heparin, or citrate as an anticoagulant for plasma collection. Centrifuge for 15 minutes at 1000×g within 30 minutes of collection. The plasma can be assayed immediately or aliquoted and stored at -20°C. Avoid repeated freeze-thaw cycles.
- 6.3 Cell Culture Supernatant: Remove particulates by centrifugation for 5 minutes at 500×g and assay immediately or aliquot and store samples at ≤ -20°C. Avoid repeated freeze-thaw cycles.

7. Regent Preparation

7.1 Wash Buffer (1X): If crystals have formed in the concentrate, warm to room temperature and mix gently until the crystals have completely dissolved. Add 30 mL of Wash Buffer Concentrate(20X) to 570 mL deionized or distilled water to prepare 1X Wash Buffer.

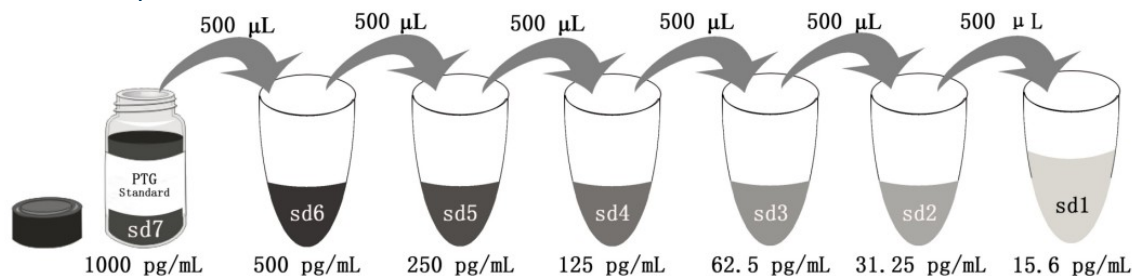
7.2 Antibody Cocktail (1X): Dilute 100X capture antibody and 100X HRP-conjugated detection antibody using Detection Diluent prior to assay. Suggested 1:100 dilution: 50 µL 100X capture antibody + 50 µL 100X Detection Antibody, HRP-conjugated + 4,900 µL Detection Diluent. Mix gently but thoroughly.

7.3 Sample Dilution: Different samples should be diluted with corresponding Sample Diluent, samples may require further dilution if the readout values are higher than the highest standard OD reading. Variations in sample collection, processing and storage may affect the results of the measurement .

Recommended Dilution for different sample types: 1:2 or 1:4 is recommended for human serum, plasma and cell culture supernatant.

7.4 Standard Serial Dilution:

Add 2 mL Sample Diluent PT 3 in protein standard.



Add # µL of Standard diluted in the previous step	—	500 µL	500 µL	500 µL	500 µL	500 µL	500 µL
# µL of Sample Diluent PT 3	2000 µL	500 µL	500 µL	500 µL	500 µL	500 µL	500 µL
	"sd7"	"sd6"	"sd5"	"sd4"	"sd3"	"sd2"	"sd1"

8. Assay Procedure Summary

Bring all reagents to room temperature before use (Detection antibody, HRP-conjugated antibody can be used immediately). To avoid cross-contamination, change pipette tips between additions of each standard level, between sample additions, and between reagent additions. Also, use separate reservoirs for each reagent.

8.1 Preset the layout of the microplate, including control group, standard group and sample group, take out the required number of microplate strips and return excess strips to the foil pouch containing the drying reagent pack and reseal; store at 4°C immediately. Microplate strips should be used in one week.

8.2 Add 50 µL standard or sample to appropriate wells. To avoid high background always add samples or standards to the well before the addition of antibody cocktail.

8.3 Add 50 µL 1× Antibody Cocktail solution (refer to Reagent Preparation 7.2) to each well. Seal plate with cover seal and incubate at 37°C on a microplate thermostatic shaker set at 400 rpm for 1 hour (incubate at 37°C for 2 hours is recommended if thermostatic shaker is not available) .

8.4 Wash

1) Gently remove the cover seal. Discard the liquid from wells by aspirating or decanting. Remove any residual solution by tapping the plate a few times on fresh paper towels.

2) Wash 4 times with 1× Wash Buffer, using at least 350-400 µL per well. Following the last wash, firmly tap plates on fresh towels 10 times to remove residual Wash Buffer. Avoid getting any towel fibers in the wells or wells drying out completely.

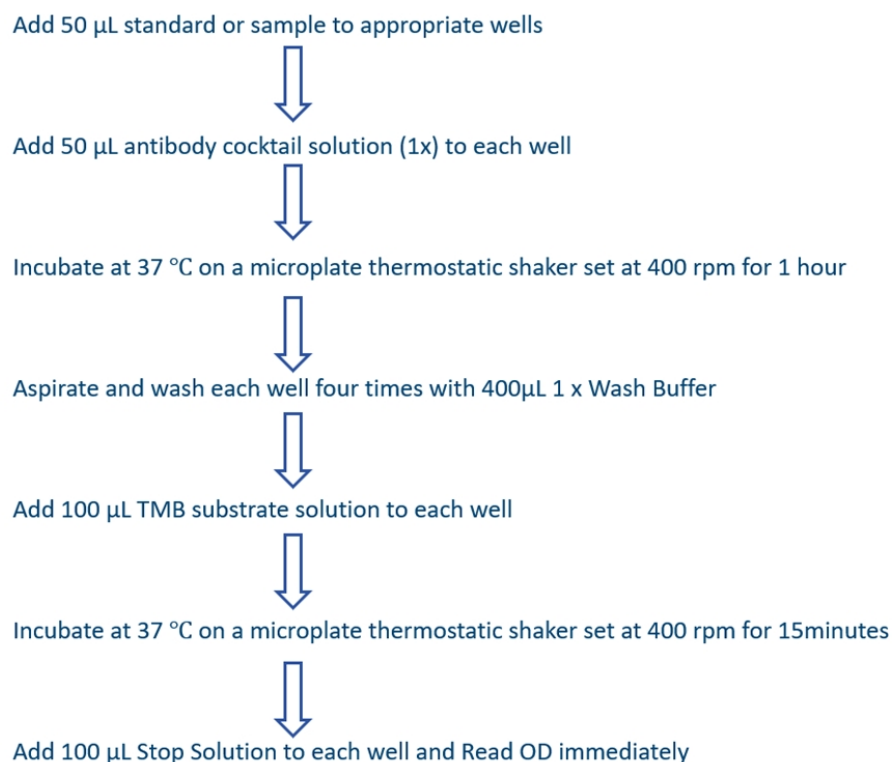
8.5 Add 100 µL TMB substrate solution to each well, protected from light. Incubate at 37°C on a microplate thermostatic shaker set at 400 rpm for 15 to 20 minutes. (Substrate Solution should remain colorless until added to the plate.)

8.6 Add 100 µL Stop Solution to each well in the same order as addition of the TMB substrate. Note: Avoid skin and eye contact with the Stop solution.

8.7 Read results immediately on a microplate reader at a wavelength of 450 nm. If possible, perform a double wavelength readout (450 nm and 630 nm).

8.8 Data analysis: Calculate the average of the duplicate readings (OD value) for each standard and sample, and subtract the average of the zero standard absorbance. Construct a standard curve by plotting the mean absorbance for each standard on the y-axis against the concentration on the x-axis, four-parameter logistic curve-fit (4-PL) analysis is recommended. If the samples have been diluted, the fitting result must be multiplied by the dilution factor used.

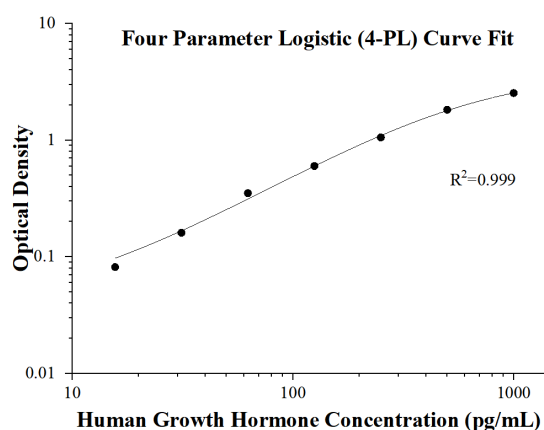
Procedure summary



9. Validation Data

9.1 Standard curve

These standard curves are provided for demonstration only. A standard curve should be generated for each set of samples assayed.



(pg/mL)	O.D	Average	Corrected
0	0.0304 0.0279	0.02915	-
15.6	0.1103 0.1111	0.1107	0.08155
31.25	0.1892 0.1907	0.18995	0.1608
62.5	0.4248 0.3365	0.38065	0.3515
125	0.6029 0.6582	0.63055	0.6014
250	1.1283 1.0423	1.0853	1.05615
500	1.9327 1.7787	1.8557	1.82655
1000	2.5701 2.5657	2.5679	2.53875

9.2 Precision

Intra-assay Precision (Precision within an assay) Three samples of known concentration were tested 8 times on one plate to assess intra-assay precision.

Inter-assay Precision (Precision between assays) Three samples of known concentration were tested in 16 separate assays to assess inter-assay precision.

Intra-assay Precision					Inter-assay Precision				
Sample	n	Mean (pg/mL)	SD	CV%	Sample	n	Mean (pg/mL)	SD	CV%
1	8	507.9	10.2	2.0	1	16	510.8	9.7	1.9
2	8	139.9	13.9	9.9	2	16	134.0	11.4	8.5
3	8	69.4	3.5	5.0	3	16	67.4	3.6	5.3

9.3 Recovery

The recovery of human Growth Hormone spiked to three different levels throughout the range of the assay in various matrices was evaluated.

Sample Type		Average% of Expected	Range (%)
Human plasma	1:4	93	85-106
Cell culture supernatant	1:2	121	118-124
	1:4	108	102-122

9.4 Sample values

Human plasma - human plasma samples were evaluated for the presence of human Growth Hormone in this assay.

Sample Type	Mean (pg/mL)	Range (pg/mL)
Females plasma (n=7)	418.1	61.7-1,202.9
Males plasma (n=7)	100.6	36.9-164.5

Cell culture supernatant

Human peripheral blood mononuclear cells (1×10^6 cells/mL) were cultured in RPMI-1640 supplemented with 10% fetal bovine serum, 100 U/mL penicillin and 100 ug/mL streptomycin sulfate. Cells were cultured unstimulated or stimulated with 10 ug/mL PHA for 5 days. Aliquots of the cell culture supernatant were removed and assayed for levels of Growth Hormone. No detectable levels were observed.

9.5 Sensitivity

The minimum detectable dose of human Growth Hormone is 0.5 pg/mL. This was determined by adding two standard deviations to the concentration corresponding to the mean O.D. of 20 zero standard replicates.

9.6 Linearity

To assess the linearity of the assay, cell culture supernatant samples were spiked with high concentrations of human Growth Hormone and diluted with the appropriate **Sample Diluent** to produce samples with values within the dynamic range of the assay. Human plasma samples were diluted with the appropriate **Sample Diluent** to produce samples with values within the dynamic range of the assay.

(The human plasma was initially diluted 1:2.)

		Human plasma	Cell culture supernatant
1:2	Average% of Expected	100	107
	Range (%)	-	100-113
1:4	Average% of Expected	99	110
	Range (%)	96-103	96-124
1:8	Average% of Expected	105	110
	Range (%)	97-112	109-111
1:16	Average% of Expected	107	107
	Range (%)	101-114	103-111

9.7 Specificity

This assay recognizes natural and recombinant human Growth Hormone.

The following factors prepared at 50 ng/mL were assayed and exhibited no cross-reactivity or interference.

Recombinant human: Recombinant mouse:

EGF G-CSF

FGF-5 GM-CSF

G-CSF

HB-EGF

VEGF121

VEGF165

10. References

1. Strobl, J S, and M J Thomas. Pharmacological reviews vol. 46,1 (1994): 1-34.
2. Baumann, Gerhard P. Growth Horm IGF Res. 2009;19(4):333-340.
3. Catchpole, H R. JAMA vol. 243,7 (1980): 652.
4. Murray, R D, and S M Shalet. Expert opinion on pharmacotherapy vol. 1,5 (2000): 975-90.